

## Calendar of Public Health Events for 2025

JANUARY – KOHI-TĀTEA		
Date	Event	Website
4	World Braille Day	<a href="https://blindlowvision.org.nz">https://blindlowvision.org.nz</a>
24	International Day of Education	<a href="http://www.un.org/en/observances/education-day">www.un.org/en/observances/education-day</a>

FEBRUARY – HUI-TANGURU		
Date	Event	Website
1 – 28	Heart Health Awareness Month	<a href="http://www.heartfoundation.org.nz/get-involved/big-heart-appeal">www.heartfoundation.org.nz/get-involved/big-heart-appeal</a>
1 – 28	Ovarian Cancer Awareness Month	<a href="https://ovariancancerfoundation.org.nz/ovarian-cancer-awareness-month">https://ovariancancerfoundation.org.nz/ovarian-cancer-awareness-month</a>
1 – 28	Aotearoa Bike Challenge Month	<a href="http://www.lovetoride.net/nz">www.lovetoride.net/nz</a>
2	World Wetlands Day	<a href="http://www.wetlandtrust.org.nz/what-we-do/world-wetlands-day">www.wetlandtrust.org.nz/what-we-do/world-wetlands-day</a>
4	World Cancer Day	<a href="http://www.worldcancerday.org">www.worldcancerday.org</a>
6	Waitangi Day	<a href="http://www.waitangi.org.nz/events">www.waitangi.org.nz/events</a>
11	International Day of Women and Girls in Science	<a href="http://www.un.org/en/events/women-and-girls-in-science-day">www.un.org/en/events/women-and-girls-in-science-day</a>
20	World Day of Social Justice	<a href="http://www.un.org/en/observances/social-justice-day">www.un.org/en/observances/social-justice-day</a>
22	Te Matatini - Kapa Haka Aotearoa Festival	<a href="https://tematatini.co.nz/">https://tematatini.co.nz/</a>
28	Rare Diseases Day	<a href="http://www.rarediseaseday.org">www.rarediseaseday.org</a>

MARCH – POUTŪ-TE-RANGI		
Date	Event	Website
1 – 31	SunSmart in March	<a href="http://www.sunsmart.org.nz">www.sunsmart.org.nz</a>
1 – 31	Hearing Awareness Month	<a href="http://www.nfd.org.nz">www.nfd.org.nz</a>
3	World Hearing Day	<a href="http://www.worldhearingday.org">www.worldhearingday.org</a>
1 – 31	Kidney Health Month	<a href="http://www.kidney.health.nz">www.kidney.health.nz</a>
13	World Kidney Day	
1 – 31	Endometriosis Awareness Month	<a href="https://nzendo.org.nz/nzendo-events/">https://nzendo.org.nz/nzendo-events/</a>
1 - 9	Sea Week – Kaupapa Moana	<a href="http://www.seaweek.org.nz">www.seaweek.org.nz</a>
1	Neighbours Aotearoa	<a href="https://neighboursaotearoa.nz/">https://neighboursaotearoa.nz/</a>
2	National Children's Day	<a href="http://www.childrensday.org.nz">www.childrensday.org.nz</a>
3	World Wildlife Day	<a href="http://www.doc.govt.nz/news/events/national-events/world-wildlife-day">www.doc.govt.nz/news/events/national-events/world-wildlife-day</a>
4	HPV Awareness Day	<a href="http://www.direct.hpv.org.nz/resources/hpv-awareness-day">www.direct.hpv.org.nz/resources/hpv-awareness-day</a>
8	International Women's Day	<a href="http://www.internationalwomensday.com">www.internationalwomensday.com</a>
8 - 9	Pasifika Festival	<a href="http://www.aucklandnz.com/pasifika">www.aucklandnz.com/pasifika</a>
10 – 16	Brain Awareness Week	<a href="https://neurological.org.nz/get-involved/brain-awareness-month">https://neurological.org.nz/get-involved/brain-awareness-month</a>
13	World Kidney Day	Homepage - World Kidney Day 2025
14	World Sleep Day	<a href="http://www.sleephealth.org.nz">www.sleephealth.org.nz</a>
15	International Long Covid Awareness Day	<a href="https://longcovidsupport.co.nz">https://longcovidsupport.co.nz</a>

16 - 24	National Parks Week	<a href="http://www.nzrecreation.org.nz/site/events/parks-week.aspx">www.nzrecreation.org.nz/site/events/parks-week.aspx</a>
20	World Oral Health Day	<a href="http://www.worldoralhealthday.org">www.worldoralhealthday.org</a>
21	International Day for the Elimination of Racial Discrimination	<a href="http://www.un.org/en/observances/end-racism-day">www.un.org/en/observances/end-racism-day</a>
21 – 25	World Immunisation Week	
22	World Water Day	<a href="http://www.un.org/en/events/waterday">www.un.org/en/events/waterday</a>
24	World Tuberculosis Day	<a href="http://www.stoptb.org">www.stoptb.org</a>

#### APRIL – PAENGA-WHĀWHĀ

Date	Event	Website
2	World Autism Awareness Day	<a href="http://www.autismnz.org.nz">www.autismnz.org.nz</a>
6 - 13	Dieticians Week	<a href="https://dietitians.org.nz/">https://dietitians.org.nz/</a>
7	World Health Day	<a href="http://www.who.int/campaigns/world-health-day">www.who.int/campaigns/world-health-day</a>
17	World Hemophilia Day	<a href="http://www.wfh.org/en/events/world-hemophilia-day">www.wfh.org/en/events/world-hemophilia-day</a>
22	World Earth Day	<a href="http://www.earthday.org">www.earthday.org</a>
23	World Book & Copyright Day	<a href="http://www.unesco.org/en/days/world-book-and-copyright">www.unesco.org/en/days/world-book-and-copyright</a>
28	World Day of Safety and Health at Work	<a href="http://www.un.org/en/events/safeworkday">www.un.org/en/events/safeworkday</a>

#### MAY – HARATUA

Date	Event	Website
1-31	World Smokefree May	<a href="http://www.smokefree.org.nz/smokefree-in-action/world-smokefree-may">www.smokefree.org.nz/smokefree-in-action/world-smokefree-may</a>
5	World Hand Hygiene Day	<a href="http://www.who.int/campaigns/world-hand-hygiene-day">www.who.int/campaigns/world-hand-hygiene-day</a>
5	International Day of the Midwife	<a href="https://www.midwife.org.nz/news/international-day-of-the-midwife/">https://www.midwife.org.nz/news/international-day-of-the-midwife/</a>
6	World Asthma Day	<a href="http://www.worldasthmaday.org.nz">www.worldasthmaday.org.nz</a>
6 -12	New Zealand Sign Language Week	<a href="https://nzslweek.org.nz">https://nzslweek.org.nz</a>
8	World Ovarian Cancer Day	<a href="https://ovariancancerfoundation.org.nz/world-ovarian-cancer-day">https://ovariancancerfoundation.org.nz/world-ovarian-cancer-day</a>
8	World Red Cross Day	<a href="http://www.redcross.org.nz">www.redcross.org.nz</a>
12	International Nurses Day	<a href="http://www.nursingcouncil.org.nz">www.nursingcouncil.org.nz</a>
12 - 18	Hospice Awareness Week	<a href="http://www.hospice.org.nz">www.hospice.org.nz</a>
13 - 19	Mental Health Awareness Week	<a href="http://www.mhaw.nz">www.mhaw.nz</a> <a href="http://www.mentalhealth.org.nz">www.mentalhealth.org.nz</a>
15	International Day of Families	<a href="http://www.un.org/en/observances/international-day-of-families">www.un.org/en/observances/international-day-of-families</a>
16	Pink Shirt Day (Stop Bullying)	<a href="http://www.pinkshirtday.org.nz/about">www.pinkshirtday.org.nz/about</a>
19 – 25	Youth Week	<a href="https://arataiohi.org.nz/youthweek">https://arataiohi.org.nz/youthweek</a>
19 – 25	Road Safety Week	<a href="http://www.roadsafetyweek.org.nz">www.roadsafetyweek.org.nz</a>
19	World IBD Day	<a href="https://worldibdday.org">https://worldibdday.org</a>
22	International Day for Biological Diversity	<a href="https://www.unesco.org/en/days/biological-diversity">https://www.unesco.org/en/days/biological-diversity</a>
30	World Multiple Sclerosis Day	<a href="https://worldmsday.org">https://worldmsday.org</a>
31	World Smokefree Day	<a href="http://www.smokefree.org.nz/smokefree-in-action/world-smokefree-may">www.smokefree.org.nz/smokefree-in-action/world-smokefree-may</a>

#### JUNE – PIPIRI

Date	Event	Website
1 – 30	Move Your Butt Month	<a href="https://bowelcancernz.org.nz/move-your-butt">https://bowelcancernz.org.nz/move-your-butt</a>
5	World Environment Day	<a href="http://www.un.org/en/observances/environment-day">www.un.org/en/observances/environment-day</a>
6	Safe Sleep Day	<a href="https://sudinalnationalcoordination.co.nz/events/safe-sleep-day-2025">https://sudinalnationalcoordination.co.nz/events/safe-sleep-day-2025</a>
9 – 15	Men's Health Week	<a href="http://www.menshealthweek.co.nz">www.menshealthweek.co.nz</a>
9 - 15	Coeliac Awareness Week	<a href="https://coeliac.org.nz/coeliac-awareness-week/">https://coeliac.org.nz/coeliac-awareness-week/</a>
14	World Blood Donor Day	<a href="http://www.nzblood.co.nz">www.nzblood.co.nz</a>
15 – 21	National Volunteer Week	<a href="https://nationalvolunteerweek.nz">https://nationalvolunteerweek.nz</a>
15	World Elder Abuse Day	<a href="https://www.un.org/en/observances/elder-abuse-awareness-day/">https://www.un.org/en/observances/elder-abuse-awareness-day/</a>
16 - 22	World Continence Week	<a href="http://www.continence.org.nz/pages/World-Continence-Week/214/">www.continence.org.nz/pages/World-Continence-Week/214/</a>
20	Matariki (Māori New Year)	<a href="http://www.matarikifestival.org.nz">www.matarikifestival.org.nz</a>
20	World Refugee Day	<a href="http://www.un.org/en/observances/refugee-day">www.un.org/en/observances/refugee-day</a>
26	International Day Against Drug Abuse and Illicit Trafficking	<a href="http://www.un.org/en/observances/end-drug-abuse-day">www.un.org/en/observances/end-drug-abuse-day</a>

#### JULY – HŌNGONGOI

Date	Event	Website
28	World Hepatitis Awareness Day	<a href="http://www.who.int/campaigns/world-hepatitis-day">www.who.int/campaigns/world-hepatitis-day</a>
30	International Day of Friendship	<a href="http://www.un.org/en/observances/friendship-day">www.un.org/en/observances/friendship-day</a>

#### AUGUST – HERE-TURI-KŌKĀ

Date	Event	Website
1 – 7	World Breastfeeding Week	<a href="https://worldbreastfeedingweek.org">https://worldbreastfeedingweek.org</a>
9	International Day of the World's Indigenous Peoples	<a href="http://www.un.org/en/observances/indigenous-day">www.un.org/en/observances/indigenous-day</a>
11 – 17	Women's Health Week / Te Wiki Hauora Wāhine	<a href="https://www.womenshealthweek.nz/">https://www.womenshealthweek.nz/</a>
12	International Youth Day	<a href="http://www.un.org/en/observances/youth-day">www.un.org/en/observances/youth-day</a>
29	Te Rā Daffodil, Daffodil Day (Cancer Society)	<a href="http://www.daffodilday.org.nz">www.daffodilday.org.nz</a>

#### SEPTEMBER – MAHURU

Date	Event	Website
1 – 30	Breathe Better September, Respiratory Condition Awareness	<a href="https://breathebetterseptember.co.nz">https://breathebetterseptember.co.nz</a>
1 – 30	Cervical Screening Awareness Month	<a href="http://www.timetoscreen.nz/cervical-screening">www.timetoscreen.nz/cervical-screening</a>
1 – 30	Blue September, Prostate Cancer Awareness Month	<a href="https://prostate.org.nz">https://prostate.org.nz</a>
1 – 30	Gynaecological Cancer Awareness Month	<a href="https://ovariancancerfoundation.org.nz/gynaecological-cancer-awareness-month">https://ovariancancerfoundation.org.nz/gynaecological-cancer-awareness-month</a>
1 – 30 21	World Alzheimer's Month World Alzheimer's Day	<a href="http://www.alzheimers.org.nz">www.alzheimers.org.nz</a>
1 – 30 9	Fetal Alcohol Spectrum Disorder (FASD) Awareness Month International FASD Awareness Day	<a href="https://fasdmonth.nz/">https://fasdmonth.nz/</a> <a href="http://www.fasd-can.org.nz">www.fasd-can.org.nz</a>
1-30 13	Sepsis Awareness Month Sepsis Awareness Day	<a href="https://www.sepsis.org.nz">https://www.sepsis.org.nz</a>
1	Random Acts of Kindness Day New Zealand	<a href="https://rak.co.nz">https://rak.co.nz</a>
1 - 7	Conservation Week	<a href="http://www.doc.govt.nz/news/events/conservation-week">www.doc.govt.nz/news/events/conservation-week</a>

4	World Sexual Health Day	<a href="https://worldsexualhealth.net/world-sexual-health-day">https://worldsexualhealth.net/world-sexual-health-day</a>
7	International Day of Clean Air for Blue Skies	<a href="http://www.un.org/en/observances/clean-air-day">www.un.org/en/observances/clean-air-day</a>
8	International Day of Literacy	<a href="https://en.unesco.org/commemorations/literacyday">https://en.unesco.org/commemorations/literacyday</a>
8	World Physiotherapy Day	<a href="https://pnz.org.nz/">https://pnz.org.nz/</a>
10	World Suicide Prevention Day	<a href="http://www.who.int/mental_health/prevention/suicide/wspd/en">www.who.int/mental_health/prevention/suicide/wspd/en</a>
15 - 22	Te Wiki o Te Reo Māori (Māori Language Week)	<a href="http://www.reomaori.co.nz/te-wiki-o-te-reo-maori">www.reomaori.co.nz/te-wiki-o-te-reo-maori</a>
19	Suffrage Day	<a href="https://women.govt.nz/events/suffrage-day">https://women.govt.nz/events/suffrage-day</a>
21	International Day of Peace	<a href="http://www.un.org/en/observances/international-day-peace">www.un.org/en/observances/international-day-peace</a>
26	World Contraception Day	<a href="http://www.familyplanning.org.nz">www.familyplanning.org.nz</a>

### OCTOBER – WHIRINGA-Ā-NUKU

Date	Event	Website
1 – 31	Breast Cancer Awareness Month	<a href="http://www.breastcancerfoundation.org.nz">www.breastcancerfoundation.org.nz</a>
1 – 31	Health Literacy Month	<a href="http://www.healthliteracymonth.org">www.healthliteracymonth.org</a>
1 – 31	Dysautonomia Awareness Month	<a href="https://www.dysautonomiainternational.org/page.php?ID=223">https://www.dysautonomiainternational.org/page.php?ID=223</a>
1	International Day of Older Persons	<a href="http://www.ageconcern.org.nz">www.ageconcern.org.nz</a>
5	World Teachers Day	<a href="https://teachingcouncil.nz/content/world-teachers-day-why-teachers-matter">https://teachingcouncil.nz/content/world-teachers-day-why-teachers-matter</a>
5	World Meningitis Day	<a href="https://www.meningitis.org.nz">https://www.meningitis.org.nz</a>
9-15	Baby Loss Awareness Week	<a href="http://www.sands.org.nz/news-blaw.html">www.sands.org.nz/news-blaw.html</a>
10	World Mental Health Day	<a href="http://www.mhaw.nz">www.mhaw.nz</a>
11	International Day of the Girl Child	<a href="http://www.un.org/en/observances/girl-child-day">www.un.org/en/observances/girl-child-day</a>
12	World Arthritis Day	<a href="http://www.arthritis.org.nz">www.arthritis.org.nz</a>
13	International Day for Natural Disaster Reduction	<a href="http://www.un.org/en/observances/disaster-reduction-day">www.un.org/en/observances/disaster-reduction-day</a>
13 -19	Save the Kiwi Week	<a href="https://savethekiwi.nz/savethekiwiweek/">https://savethekiwi.nz/savethekiwiweek/</a>
15	World Hand Washing Day	<a href="http://www.handhygiene.org.nz">www.handhygiene.org.nz</a>
16	World Food Day	<a href="http://www.fao.org/world-food-day/home/en">www.fao.org/world-food-day/home/en</a>
16	World Restart a Heart Day	<a href="https://www.resus.org.nz/world-restart-a-heart-day/">https://www.resus.org.nz/world-restart-a-heart-day/</a>
17	Loud Shirt Day	<a href="http://www.loudshirtday.org.nz">www.loudshirtday.org.nz</a>
20	International Mastocytosis and Mast Cell Diseases Awareness Day	<a href="https://mastocytosis.org.au/project/awareness-day">https://mastocytosis.org.au/project/awareness-day</a>
20	World Osteoporosis Day	<a href="http://www.worldosteoporosisday.org">http://www.worldosteoporosisday.org</a>
20	Diwali – Festival of Lights	<a href="https://www.aucklandnz.com/cultivate/diwali">https://www.aucklandnz.com/cultivate/diwali</a>
20 – 26	International Lead Poisoning Prevention Week	<a href="https://www.who.int/campaigns/international-lead-poisoning-prevention-week">https://www.who.int/campaigns/international-lead-poisoning-prevention-week</a>
23	Shake Out (National Earthquake Drill and Tsunami Hikoi)	<a href="https://getready.govt.nz/en/involved/shakeout">https://getready.govt.nz/en/involved/shakeout</a>
24	United Nations Day	<a href="http://www.un.org/en/observances/un-day">www.un.org/en/observances/un-day</a>
25	Postural Orthostatic Tachycardia Syndrome (PoTS) Awareness Day	<a href="https://www.potsuk.org/about-us/pots-awareness-day-25th-october/">https://www.potsuk.org/about-us/pots-awareness-day-25th-october/</a>
26	World Stroke Day	<a href="https://www.world-stroke.org/news-and-blog/news/world-stroke-day-2024">https://www.world-stroke.org/news-and-blog/news/world-stroke-day-2024</a>

## NOVEMBER – WHIRINGA-Ā-RANGI

Date	Event	Website
1 – 30	Diabetes Action Month	<a href="https://diabetesactionmonth.org.nz/">https://diabetesactionmonth.org.nz/</a>
1 – 30	'Movember' Men's Health Month	<a href="https://nz.movember.com">https://nz.movember.com</a>
12	World Pneumonia Day	<a href="https://stoppneumonia.org/world-pneumonia-day">https://stoppneumonia.org/world-pneumonia-day</a>
13	World Kindness Day	<a href="https://observances.global/world-kindness-day">https://observances.global/world-kindness-day</a>
14	World Diabetes Day	<a href="http://www.diabetes.org.nz">www.diabetes.org.nz</a>
16	International Day for Tolerance	<a href="http://www.un.org/en/observances/tolerance-day">www.un.org/en/observances/tolerance-day</a>
20	World Children's Day	<a href="http://www.un.org/en/observances/world-childrens-day">www.un.org/en/observances/world-childrens-day</a>
25	White Ribbon Day International Day for the Elimination of Violence Against Women	<a href="https://whiteribbon.org.nz">https://whiteribbon.org.nz</a> <a href="http://www.un.org/en/observances/ending-violence-against-women-day">www.un.org/en/observances/ending-violence-against-women-day</a>
26	World Sustainable Transport Day	<a href="http://www.un.org/en/observances/sustainable-transport-day">www.un.org/en/observances/sustainable-transport-day</a>

## DECEMBER – HAKIHEA

Date	Event	Website
1	World AIDS Day	<a href="http://www.nzaf.org.nz">www.nzaf.org.nz</a>
3	International Day of Disabled Persons	<a href="http://www.dpa.org.nz">www.dpa.org.nz</a>
10	World Human Rights Day	<a href="http://www.un.org/en/observances/human-rights-day">www.un.org/en/observances/human-rights-day</a>
18	International Migrants Day	<a href="http://www.un.org/en/events/migrantsday">www.un.org/en/events/migrantsday</a>

National Public Health Service Te Manawa Taki is the local public health service for the Bay of Plenty and Lakes districts, and a service of Health New Zealand | Te Whatu Ora, National Public Health Service (previously known as Toi Te Ora Public Health) has collected this information from a variety of sources to be used throughout the community as a resource guide. Every effort has been made to ensure these dates are correct, and further dates may be added as more information becomes available. For further details about each event, please contact the relevant organisation through their website. This calendar is also available online at [www.toiteora.govt.nz/calendar](http://www.toiteora.govt.nz/calendar) or for further information email [enquiries@toiteora.govt.nz](mailto:enquiries@toiteora.govt.nz).