

Calendar of Public Health Events for 2025

JANUARY – KOHI-TĀTEA		
Date	Event	Website
4	World Braille Day	https://blindlowvision.org.nz
24	International Day of Education	www.un.org/en/observances/education-day

FEBRUARY – HUI-TANGURU		
Date	Event	Website
1 – 28	Heart Health Awareness Month	www.heartfoundation.org.nz/get-involved/big-heart-appeal
1 – 28	Ovarian Cancer Awareness Month	https://ovariancancerfoundation.org.nz/ovarian-cancer-awareness-month
1 – 28	Aotearoa Bike Challenge Month	www.lovetoride.net/nz
2	World Wetlands Day	www.wetlandtrust.org.nz/what-we-do/world-wetlands-day
4	World Cancer Day	www.worldcancerday.org
6	Waitangi Day	www.waitangi.org.nz/events
11	International Day of Women and Girls in Science	www.un.org/en/events/women-and-girls-in-science-day
20	World Day of Social Justice	www.un.org/en/observances/social-justice-day
22	Te Matatini - Kapa Haka Aotearoa Festival	https://tematatini.co.nz/
28	Rare Diseases Day	www.rarediseaseday.org

MARCH – POUTŪ-TE-RANGI		
Date	Event	Website
1 – 31	SunSmart in March	www.sunsmart.org.nz
1 – 31	Hearing Awareness Month	www.nfd.org.nz
3	World Hearing Day	www.worldhearingday.org
1 – 31	Kidney Health Month	www.kidney.health.nz
13	World Kidney Day	
1 – 31	Endometriosis Awareness Month	https://nzendo.org.nz/nzendo-events/
1 - 9	Sea Week – Kaupapa Moana	www.seaweek.org.nz
1	Neighbours Aotearoa	https://neighboursaotearoa.nz/
2	National Children's Day	www.childrensday.org.nz
3	World Wildlife Day	www.doc.govt.nz/news/events/national-events/world-wildlife-day
4	HPV Awareness Day	www.direct.hpv.org.nz/resources/hpv-awareness-day
8	International Women's Day	www.internationalwomensday.com
8 - 9	Pasifika Festival	www.aucklandnz.com/pasifika
10 – 16	Brain Awareness Week	https://neurological.org.nz/get-involved/brain-awareness-month
13	World Kidney Day	Homepage - World Kidney Day 2025
14	World Sleep Day	www.sleephealth.org.nz
15	International Long Covid Awareness Day	https://longcovidsupport.co.nz

16 - 24	National Parks Week	www.nzrecreation.org.nz/site/events/parks-week.aspx
20	World Oral Health Day	www.worldoralhealthday.org
21	International Day for the Elimination of Racial Discrimination	www.un.org/en/observances/end-racism-day
21 – 25	World Immunisation Week	
22	World Water Day	www.un.org/en/events/waterday
24	World Tuberculosis Day	www.stoptb.org

APRIL – PAENGA-WHĀWHĀ

Date	Event	Website
2	World Autism Awareness Day	www.autismnz.org.nz
6 - 13	Dieticians Week	https://dietitians.org.nz/
7	World Health Day	www.who.int/campaigns/world-health-day
17	World Hemophilia Day	www.wfh.org/en/events/world-hemophilia-day
22	World Earth Day	www.earthday.org
23	World Book & Copyright Day	www.unesco.org/en/days/world-book-and-copyright
28	World Day of Safety and Health at Work	www.un.org/en/events/safeworkday

MAY – HARATUA

Date	Event	Website
1-31	World Smokefree May	www.smokefree.org.nz/smokefree-in-action/world-smokefree-may
5	World Hand Hygiene Day	www.who.int/campaigns/world-hand-hygiene-day
5	International Day of the Midwife	https://www.midwife.org.nz/news/international-day-of-the-midwife/
6	World Asthma Day	www.worldasthmaday.org.nz
6 - 12	New Zealand Sign Language Week	https://nzslweek.org.nz
8	World Ovarian Cancer Day	https://ovariancancerfoundation.org.nz/world-ovarian-cancer-day
8	World Red Cross Day	www.redcross.org.nz
12	International Nurses Day	www.nursingcouncil.org.nz
12 - 18	Hospice Awareness Week	www.hospice.org.nz
15	International Day of Families	www.un.org/en/observances/international-day-of-families
16	Pink Shirt Day (Stop Bullying)	www.pinkshirtday.org.nz/about
19 – 25	Youth Week	https://arataiohi.org.nz/youthweek
19 – 25	Road Safety Week	www.roadsafetyweek.org.nz
19	World IBD Day	https://worldibdday.org
22	International Day for Biological Diversity	https://www.unesco.org/en/days/biological-diversity
30	World Multiple Sclerosis Day	https://worldmsday.org
31	World Smokefree Day	www.smokefree.org.nz/smokefree-in-action/world-smokefree-may

JUNE – PIPIRI

Date	Event	Website
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1 – 30	Move Your Butt Month	https://bowelcancernz.org.nz/move-your-butt
5	World Environment Day	www.un.org/en/observances/environment-day
6	Safe Sleep Day	https://sudinalcoordinatio.co.nz/events/safe-sleep-day-2025
9 – 15	Men's Health Week	www.menshealthweek.co.nz
9 - 15	Coeliac Awareness Week	https://coeliac.org.nz/coeliac-awareness-week/
14	World Blood Donor Day	www.nzblood.co.nz
15 – 21	National Volunteer Week	https://nationalvolunteerweek.nz
15	World Elder Abuse Day	https://www.un.org/en/observances/elder-abuse-awareness-day/
16 - 22	World Continence Week	www.continence.org.nz/pages/World-Continence-Week/214/
20	Matariki (Māori New Year)	www.matarikifestival.org.nz
20	World Refugee Day	www.un.org/en/observances/refugee-day
26	International Day Against Drug Abuse and Illicit Trafficking	www.un.org/en/observances/end-drug-abuse-day

JULY – HŌNGONGOI

Date	Event	Website
28	World Hepatitis Awareness Day	www.who.int/campaigns/world-hepatitis-day
30	International Day of Friendship	www.un.org/en/observances/friendship-day

AUGUST – HERE-TURI-KŌKĀ

Date	Event	Website
1 – 7	World Breastfeeding Week	https://worldbreastfeedingweek.org
9	International Day of the World's Indigenous Peoples	www.un.org/en/observances/indigenous-day
11 – 17	Women's Health Week / Te Wiki Hauora Wāhine	https://www.womenshealthweek.nz/
12	International Youth Day	www.un.org/en/observances/youth-day
29	Te Rā Daffodil, Daffodil Day (Cancer Society)	www.daffodilday.org.nz

SEPTEMBER – MAHURU

Date	Event	Website
1 – 30	Breathe Better September, Respiratory Condition Awareness	https://breathebetterseptember.co.nz
1 – 30	Cervical Screening Awareness Month	www.timetoscreen.nz/cervical-screening
1 – 30	Blue September, Prostate Cancer Awareness Month	https://prostate.org.nz
1 – 30	Gynaecological Cancer Awareness Month	https://ovariancancerfoundation.org.nz/gynaecological-cancer-awareness-month
1 – 30 21	World Alzheimer's Month World Alzheimer's Day	www.alzheimers.org.nz
1 – 30 9	Fetal Alcohol Spectrum Disorder (FASD) Awareness Month International FASD Awareness Day	https://fasdmonth.nz/ www.fasd-can.org.nz
1-30 13	Sepsis Awareness Month Sepsis Awareness Day	https://www.sepsis.org.nz
1	Random Acts of Kindness Day New Zealand	https://rak.co.nz
1 - 7	Conservation Week	www.doc.govt.nz/news/events/conservation-week
4	World Sexual Health Day	https://worldsexualhealth.net/world-sexual-health-day

7	International Day of Clean Air for Blue Skies	www.un.org/en/observances/clean-air-day
8	International Day of Literacy	https://en.unesco.org/commemorations/literacyday
8	World Physiotherapy Day	https://pnz.org.nz/
10	World Suicide Prevention Day	www.who.int/mental_health/prevention/suicide/wspd/en
15 - 21	Mental Health Awareness Week	www.mhaw.nz www.mentalhealth.org.nz
15 - 22	Te Wiki o Te Reo Māori (Māori Language Week)	www.reomaori.co.nz/te-wiki-o-te-reo-maori
19	Suffrage Day	https://women.govt.nz/events/suffrage-day
21	International Day of Peace	www.un.org/en/observances/international-day-peace
26	World Contraception Day	www.familyplanning.org.nz

OCTOBER – WHIRINGA-Ā-NUKU

Date	Event	Website
1 – 31	Breast Cancer Awareness Month	www.breastcancerfoundation.org.nz
1 – 31	Health Literacy Month	www.healthliteracymonth.org
1 – 31	Dysautonomia Awareness Month	https://www.dysautonomiainternational.org/page.php?ID=223
1	International Day of Older Persons	www.ageconcern.org.nz
5	World Teachers Day	https://teachingcouncil.nz/content/world-teachers-day-why-teachers-matter
5	World Meningitis Day	https://www.meningitis.org.nz
9-15	Baby Loss Awareness Week	www.sands.org.nz/news-blaw.html
10	World Mental Health Day	www.mhaw.nz
11	International Day of the Girl Child	www.un.org/en/observances/girl-child-day
12	World Arthritis Day	www.arthritis.org.nz
13	International Day for Natural Disaster Reduction	www.un.org/en/observances/disaster-reduction-day
13 -19	Save the Kiwi Week	https://savethekiwi.nz/savethekiwiweek/
15	World Hand Washing Day	www.handhygiene.org.nz
16	World Food Day	www.fao.org/world-food-day/home/en
16	World Restart a Heart Day	https://www.resus.org.nz/world-restart-a-heart-day/
17	Loud Shirt Day	www.loudshirtday.org.nz
20	International Mastocytosis and Mast Cell Diseases Awareness Day	https://mastocytosis.org.au/project/awareness-day
20	World Osteoporosis Day	http://www.worldosteoporosisday.org
20	Diwali – Festival of Lights	https://www.aucklandnz.com/cultivate/diwali
20 – 26	International Lead Poisoning Prevention Week	https://www.who.int/campaigns/international-lead-poisoning-prevention-week
23	Shake Out (National Earthquake Drill and Tsunami Hikoi)	https://getready.govt.nz/en/involved/shakeout
24	United Nations Day	www.un.org/en/observances/un-day
25	Postural Orthostatic Tachycardia Syndrome (PoTS) Awareness Day	https://www.potsuk.org/about-us/pots-awareness-day-25th-october/
26	World Stroke Day	https://www.world-stroke.org/news-and-blog/news/world-stroke-day-2024

NOVEMBER – WHIRINGA-Ā-RANGI

Date	Event	Website
1 – 30	Diabetes Action Month	https://diabetesactionmonth.org.nz/
1 – 30	'Movember' Men's Health Month	https://nz.movember.com
12	World Pneumonia Day	https://stopppneumonia.org/world-pneumonia-day
13	World Kindness Day	https://observances.global/world-kindness-day
14	World Diabetes Day	www.diabetes.org.nz
16	International Day for Tolerance	www.un.org/en/observances/tolerance-day
20	World Children's Day	www.un.org/en/observances/world-childrens-day
25	White Ribbon Day International Day for the Elimination of Violence Against Women	https://whiteribbon.org.nz www.un.org/en/observances/ending-violence-against-women-day
26	World Sustainable Transport Day	www.un.org/en/observances/sustainable-transport-day

DECEMBER – HAKIHEA

Date	Event	Website
1	World AIDS Day	www.nzaf.org.nz
3	International Day of Disabled Persons	www.dpa.org.nz
10	World Human Rights Day	www.un.org/en/observances/human-rights-day
18	International Migrants Day	www.un.org/en/events/migrantsday

National Public Health Service Te Manawa Taki is the local public health service for the Bay of Plenty and Lakes districts, and a service of Health New Zealand | Te Whatu Ora, National Public Health Service (previously known as Toi Te Ora Public Health) has collected this information from a variety of sources to be used throughout the community as a resource guide. Every effort has been made to ensure these dates are correct, and further dates may be added as more information becomes available. For further details about each event, please contact the relevant organisation through their website. This calendar is also available online at www.toiteora.govt.nz/calendar or for further information email enquiries@toiteora.govt.nz.